

# Maladaptive: A novel

By Zinnia Sherwood



## BOOK DETAILS

**Genre** Literary Fiction

## LOGLINE

Cara Becker, a middle-aged sex toy manual writer with ADHD and maladaptive daydreaming, is offered the chance to make her biggest dreams come true. All she has to do is get out of her head, and out of her own way!

## SUMMARY

Cara Becker had what you might call an active imagination. She was always just wired that way. Despite floating through life with her head in the clouds, she still managed to build a happy home with a doting husband and two cats, and a career writing user manuals for sex toys. Still, the allure of her inner fantasy world remained strong. Sometimes, maybe a little too strong. When a serendipitous contest win propels Cara and her husband Griffin to Los Angeles, they get pulled into a world that Cara had only ever daydreamed about. There, she is given the opportunity to fulfill her dreams and create a new version of herself. But which version will she choose? And at what cost? Maladaptive is the hilariously earnest coming-of-middle-age tale of a neurodivergent woman navigating a tantalizing and terrifying new world, one real or imagined catastrophe at a time.

## ABOUT THE AUTHOR

I write cross-genre fiction that tends toward the comedic and introspective with meta and magical realism elements. I like to blend genres like romance, adventure, etc. into the main characters' narrative which is usually centered around their purpose in life.

## LINKS & CONTACT

### Books2Read:

<https://books2read.com/Maladaptive>

